



February 2020 Volume 21, Issue 2



Welcome to the Meetings! Please Join Us!

When: Third Thursday, February 20

Time: 11:30 am until 1:00 pm.

Location: Will Rogers Gardens Exhibition Center, 3400 N.W. 36th St., Oklahoma City 73112

Speaker: Jack McMahan, ADA Director for the City of Norman, who will discuss the Americans with Disabilities Act.

Audiology Advisor: Dr. Julie Cormack, Hearing Life

A light lunch will be provided: Taco Salad! Your chapter will provide the ground beef. Please bring your favorite taco toppings!

*Happy
Valentine's
Day*

Any personal news, articles, etc., to be included in the newsletter are due by the 15th of the month!

Email the editor, Elaine: elains@cox.net



OUR MISSION

The Mission of the Oklahoma City Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.

Volunteer: a person who performs a service willingly and without pay.

Good friends are like stars. You don't always see them, but you know they're always there.

Want to volunteer? Contact Venice Meade at vmadee1@cox.net, (405) 537-4907. We welcome you to join us!

Thank You!

Thank you to everyone who has given me tips, advice, material and suggestions for the newsletter. The newsletter is very much a team project!

HLA Board Members

Charles Chastain, c-chastain@sbcglobal.net

Ana Covey, okhearingloss@gmail.com, Board Chairperson

Pat Fennell, pbreilh@att.net

Sylvia Frank, sylviafrank43@gmail.com

Ron Hendricks, ron-gmi@swbell.net, Treasurer

Sharon Hendricks, sharonok@swbell.net

Elaine Lains, elains@cox.net, Editor

Nancy Landrum, nanlan@cox.net

Bob Quatro, quatror@cox.net

News from the Membership Committee *by Nancy Landrum*

We are happy to have Diane Satterlee as a new Committee member this year. Diane joined HLA in September, 2019 and has been actively involved at the registration table each month since.

We need more people to share their time and talents, especially in the areas of social media and as a monthly caller to those who do not have email. If you are willing to help in either (or both) of these endeavors, please give Nancy a call at 721-1146 or 615-5587.

First-timers at our meetings will have a yellow name tag. This will make it easy for you to identify newcomers, so be sure to give them a warm welcome and tell them what you like best about our organization (besides the lunch).

Happy Valentine's Day to all. We'll be happy to see you on Feb. 20th!

Looking Forward

February Meeting

Third Thursday - February 20th

Time: 11:30 a.m.

Location: Will Rogers Garden Exhibition Center, 3400 N.W. 36th Street, Oklahoma City

Speaker: **Jack McMahan**, ADA Director for the City of Norman, who will discuss the Americans with Disabilities Act.

Audiology Advisor: Dr. Julie Cormack, Hearing Life

A light lunch will be provided.

March Meeting

Third Thursday - March 19th

Time: 11:30 a.m.

Location: Will Rogers Garden Exhibition Center, 3400 N.W. 36th Street, Oklahoma City

Speaker: Dr. Patricia Burke, the Oklahoma State Department of Health

Topic: Newborn Hearing Screening in Oklahoma

Audiology Advisor: To be determined

A light lunch will be provided.

April Meeting

Third Thursday - April 16th

Location: Will Rogers Garden Exhibition Center, 3400 N.W. 36th Street, Oklahoma City

Speaker: Dr. Kimball from Oklahoma State University will discuss tinnitus and noise exposure

Audiology Advisor: To be determined

A light lunch will be provided.



Working with Tinnitus Is More Than Masking

December 28, 2019 Robert Traynor

Audiology is highly competitive these days, and in the US marketplace the treatment of hearing loss alone is no longer a lucrative business in many areas. As the competitive climate for new patients becomes greater from new government regulations, big box stores, corporate encroachment, and over the counter hearing aids, more audiology clinics are turning to the treatment of tinnitus as another component of their clinical services.

Tinnitus and hyperacusis treatment, however, is significantly more complex than the mere selling of hearing devices for masking. It involves some serious issues that may require medical treatment or surgery by not only ENT but other physicians, and therapy with mental health professionals as well as audiologists that have taken the time to learn about tinnitus and sound therapy by earning special training in tinnitus. While there are other credentials for tinnitus, the CH-TM offered by the American Board of Audiology is a 7 module online program available to all audiologists that prepares clinicians for their clinical journey treating tinnitus and hyperacusis patients.

Davis and El Refaie (2000) have estimated that 10% to 15% of the US population experience chronic or persistent tinnitus (eg, ringing in the ears or internal head noises). About half of the people with tinnitus are bothered by it, and it is reported that about 1% indicate that tinnitus substantially affects their lives. Thus, there are 30+ million individuals suffering from tinnitus in the United States, and these patients offer a virtually untouched source of patients for audiologists. *(from hearinghealthmatters.org)*



BETHESDA, MD, December 31, 2019:

HLAA, the nation's leading nonprofit organization representing people with hearing loss, is proud to partner with American Girl, the inspiring world of dolls and a subsidiary of Mattel. HLAA and American Girl are teaming up in honor of the company's *2020 Girl of the Year, Joss Kendrick.

Hearing Loss Association of America partners with American Girl® to increase Education and Awareness of Hearing Loss. American Girl Donates \$25,000 to Support Hearing Loss Association of America in Honor of its 2020 Girl of the Year™, Joss Kendrick.

Visit the **Faye Donalson Hearing Helper Demonstration Room (HHR)** at 5100 N. Brookline, Suite 100. Assistive listening devices, sonic boom alarm clocks, telephones (also for visually impaired), bed shakers, smoke alarms, and more are available for **demo and short-term loan**.

Hours are Mon-Fri 10am to 3pm.

February Birthdays

Deborah Beaver

Ron Dech

Happy Birthday!

Please tell us your birthday month so we can celebrate in that month's newsletter.

Quote of the Month

Age is mind over matter. If you don't mind, it doesn't matter.

Leroy "Satchel" Paige

Share the newsletter! Someone with hearing loss, their family member or friend may find just the answer or encouragement they need.



CHECK IT OUT!

Apps for your iPhone or Android

<http://www.captionfish.com/theaters/cinemark-tinseltown-usa-oklahoma-city>

- ◇ Cinemark Tinseltown—6001 N. MLK Blvd, OKC 73111
- ◇ Harkins at Bricktown
- ◇ Regal Spotlight Stadium 14 in Norman —Sony Glasses
- ◇ Starplex West End Pointe 8 in Yukon
- ◇ Warren Theater in Moore -Sony Glasses
- ◇ AMC Northpark Mall
- ◇ AMC Quail Springs Cinema 24 Theater—Quail Springs Mall
- ◇ AMC Penn Square Mall
- ◇ AMC Crossroads Mall
- ◇ AMC Springs Mall West



Scholarship

Central Oklahoma Chapter of the Hearing Loss Association of America (HLAA)

Is proud to announce our 2020 Scholarship:
Two scholarships will be awarded of \$1,500 each.

Applicant Requirements:

Documentation of hearing loss

Submit an essay on how hearing loss has affected your life
Resident of Oklahoma

Must be attending higher education in Fall 2020

*See application for additional requirements

Application Deadline: April 6, 2020

Download application from WWW.OKCHearingLoss.org

or pick up at the Faye Donalson Hearing Helper's Room
5100 N Brookline, Ste. #100, OKC, OK 73123

Central Oklahoma Chapter



Grapevine News

- ◆ **Karen Putte** (sp?): Going to take a short trip to Iowa to visit friends.
- ◆ **Charles and Carolyn Chastain**: They are going to have a third great grandchild in June. Their granddaughter, Commander Tiffany Cox of the Armed Services Hospital in Bethesda, Maryland, just returned from a deployment in Iraq. She is giving birth to “Ruby” (*Don’t Take Your Love to Town*), as Kenny Rogers’ song goes!

American Sign Language Classes

@ Moore/Norman Vo-Tech 13301 S.Penn campus

Classes start March 24th 6pm to 8pm thru May 14th every Tues & Thurs night.

If you are a SENIOR LEARNER (over 65) you will only have to pay \$37.00 for the book & \$66 for the class (normally \$132.00).

Class is called Basic American Sign Language.

You must call or register in person to get the discount. 405-364-5763

32nd Annual INTEGRIS Hispanic Health Fair

Saturday, April 18, 2020, 9am - Noon

Moore Norman Technology Center

13301 S. Pennsylvania Avenue

Oklahoma City, OK 73170

Change of Address - Mail or Email

Please let us know, so you can continue to receive the newsletter and other publications from the HLA Central Oklahoma Chapter. See page 2 for people to contact.

HLA - Central Oklahoma Chapter Committees

Join a committee and have a say in your HLA!

Share and listen to ideas that might contribute to providing information, education, support and advocacy for people with hearing loss in the Oklahoma community.

You are welcome to join any of the committees:

Fundraising, Marketing, Membership, and Scholarship. Contact any board member to join.

The **Hearing Loss Association of America Central Oklahoma Chapter (HLAA-COC)** newsletter is published monthly by the Central Oklahoma Chapter. The views and ideas expressed herein are those of the editor and staff of the Hearing Loss Association of Central Oklahoma and may not always reflect those of Hearing Loss Association of America. For further information: Write to our chapter address: PO Box 42801, OKC, OK 73123.



HLAA Local Website and Forum

Visit www.okchearingloss.org to view maps and schedules for our local chapter meetings and special events. Read about the services offered by the *Faye Donalson Hearing Helpers Room*. Visit http://groups.yahoo.com/group/OKC_HLAA for the OKC-HLAA forum. Sharon Hendricks is our webmaster. We welcome your feedback and comments on our websites. For the Facebook page, search in the Facebook search box for **Hearing Loss Association of Central Oklahoma**.

Hearing Loss Association of America

If you are not yet a member of National HLAA, you are encouraged to join and take advantage of their services. The bimonthly Hearing Loss Magazine is full of treasures for anyone with hearing loss or the family and friends of such.

Founded in 1979, the Hearing Loss Association of America (HLAA), is the nation's foremost advocacy organization for people with hearing loss. It opens the world of communication to people with hearing loss through information, education, advocacy and support.

Information can be found at www.hearingloss.org. The national headquarters is located at 7910 Woodmont Avenue, Suite 1200, Bethesda, MD 20814.

!! THANKS TO OUR SPONSORS !!

Our thanks to these sponsors for supporting the Hearing Loss Association - Central Oklahoma Chapter. Your support of our organization and its programs is greatly treasured.

PLATINUM

Assist2Hear, Carol Kirts Davis, Cochlear Americas, GN Resound Hearing Aids, Hearts for Hearing, Hough Hearing and Speech Center, Integris Community Health Improvement, OG&E Energy Corp, Oklahoma ABLE Tech, Ramona Virgin

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Marvin and Carolyn Blue, Calvin & Linda Bryant, Barbara Crooks, Embassy Suites Hilton, Wanda Evans, Patricia Fennell, Sylvia Frank, Don & Joyce Keel, Terry L. Mock, Marcia S. Moore, Ph.D., Marion Thompson, Ruth Louise Wallace, Rodeo Cinema, Walmart Neighborhood Market, Lance & Sharon Ward

BRONZE

Advanced Bionics, Sharon & Ron Hendricks, The Lokal, Vernice Meade, Leon Nelson

**Mail your support of an annual tax deductible donation to:
*Hearing Loss Association of Central Oklahoma, Chapter Treasurer, PO Box 42801,
Oklahoma City, OK 73123.***

Platinum Level: \$500

Gold Level: \$250-\$499

Silver Level: \$100-\$249

Bronze Level: \$50-\$99

New Membership or Renewal: Bring to a chapter meeting or mail to:
Hearing Loss Association of America Central Oklahoma Chapter
PO Box 42801, Oklahoma City, OK 73123

Please Print Clearly:

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Birthday Month _____ Phone _____

E-mail address _____

New to Hearing Loss Association – Central Oklahoma Chapter

Preference for your newsletter delivery:

email Postal Mail

Are you a member of HLAA – National? Yes No

Annual chapter dues: \$10.00 per individual or \$15.00 per family.

Contributions are tax deductible. Amount of donation \$ _____

Membership is based on the calendar year: January through December.

JOIN TODAY!