



**August 2022 Volume 23, Issue 6**



**Date:** Sunday, August 7

**Time:** From 2 – 4pm

**Location:** Will Rogers Gardens Exhibition Center,  
3400 N.W. 36th St., Oklahoma City

We won't have Zoom available for the Ice Cream Social, but feel free to join us via Zoom for our regular meetings.

**Bring:** Your favorite ice cream and/or cookies to share with the group.  
Our scholarship winners will be announced at this happy meeting.

Starting in September, we will have a speaker at each of our monthly meetings.

We work very hard to have interesting and knowledgeable speakers. Most of our meetings are also educational seminars.

If you know of a person you would like to hear, or a subject that you would want to learn more about, please let me know (Ron Hendricks, program chair, ron-gmi@swbell.net).

Feel free to share this invitation with your audiologist, as well as anyone you know.

The meeting will have live captions and friends who understand life with hearing loss.



## The June 16<sup>th</sup> Line Dancing Class was Easy and Fun!

Our chairperson, Sharon Hendricks, had seen Line Dancing being taught to seniors at last year's State Fair on Senior Day. So Sharon had the great idea of inviting the Line Dancing instructor for our June event.

Beginners Line Dancing was taught by Carissa Rone. She has taught seniors at the State Fair, and has taught Line Dancing to children in several Oklahoma City schools.

At our June event, she taught one or two steps at a time, and had all of us practice those few steps several times before teaching the next steps. She went very slowly and was very patient.

Some of us, your editor included, had never done line dancing before, but none of us cared about how we looked or how well we did. It was all just for fun.



Clarissa Rone, Instructor tripping the light fantastic Sharon, Ron, and Rebecca



Ron, Sylvia, and Sharon



plenty of pizza!

## Looking Forward

**August 7 - SUNDAY 2:00 - 4:00 - Our annual Ice Cream Social.** In addition to enjoying a favorite dessert, we will award our Scholarship Certificates to our recipients this year. Plan to bring family and friends.

**Meeting: September 15 – Thursday – 11:30am – 1pm.**

**Speaker:** Shelley Gladden, Program Manager, Oklahoma ABL Tech, Oklahoma State University • Dept. of Wellness. Shelley will talk about technology that can assist those of us with hearing loss.

**September 21 Senior Day at the Fair.** Our local Chapter of the HLAA plans to have a table on Senior Day at the Fair. Please come, and encourage family and friends to come and pick up some valuable information about the Hearing Loss Association of America, and what our local chapter has to offer.

**Meeting: October 20 – Thursday – 11:30am – 1pm.**

**Speaker: To be announced**

**Meeting: November 17 – Thursday – 11:30am – 1pm.**

**Speaker:** Dr Kopke, with Hough Ear Institute, will be talking about their research into inner ear hair regrowth technology.

**Meeting: December 15 - Thursday – 11:30am – 1pm.** Our annual Christmas Party

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### *Quote for this Month*

Inside every older person is a younger person wondering what happened.

*Jennifer Yane*

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### **June, July, August Birthdays**

Michael Bellis

Van Bielstein

Wanda Bishop

Marvin Blue

Cal Bryant

Pati Burns

Peggy Cook

Bob Cowles

Leo Cross

Wanda Evans

Ron Hendricks

Don Keel

Carol Kiser  
Bob Quatro  
Judy Sullivan  
Marion Thompson  
Bim Wood  
**Happy Birthday!**

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### **Battery Project**

How often do you have to replace your hearing aid batteries? Over the course of a year, old dead batteries can pile up. Nancy Landrum suggests that everyone bring their dead hearing aid batteries to the meetings. Then someone could volunteer to take these batteries to the hazardous waste disposal center at SW 16<sup>th</sup> and S. Portland.

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### **Continuing the Mission**

As you can see by our mission statement below, every year we try to make sure the Central Oklahoma Chapter of the HLAA brings value to all our members and friends.

- Informative and engaging speakers at the meetings
- Advocacy in the community to ensure equal access to information and entertainment
- Support, some of which is in the form of captioning for our meetings, and scholarships for young people with hearing loss

These are all part of the endeavor to fulfill our mission.

Please help us to continue our work. Continue to be, or become a valued member with a donation (membership) of \$15 for individuals and \$20 for a couple or family membership. We are a 501(c)3 organization so all your contributions are tax deductible. Please let us hear from you.

*Ron Hendricks*

You can mail your membership donation to HLAA-Central Oklahoma Chapter, PO Box 42801, Oklahoma City, OK 73123. Please accept a big thank you from all your fellow members!

#### *OUR MISSION*

*The Mission of the Oklahoma City Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.*

## Thinking Ahead

I don't like to think about making a will for myself, but then I realize that a will is not for me, it's for my family. I don't want to leave an expensive mess for my family to have to deal with.

If you haven't made a will, or you if need to update your will, now is always a good time to protect your loved ones and control the direction of your estate - not the government. Things change quickly. We have a friend, who is without a will, who had a stroke and is not able to direct her affairs. The State will say who will receive her assets.

Now is the time to consider your own life changes and how you can plan, or update your plan, to accommodate any changes in your, or your family's situation.

Over this past year we have been able to continue to offer support to many people living with hearing loss. As we move forward, we need your support more than ever. Please consider including the Hearing Loss Association of America - Central Oklahoma Chapter in your plans. Thank you!



*Volunteer: a person who performs a service willingly and without pay.*

**Good friends are like stars. You don't always see them, but you know they're always there.** Want to volunteer? **Contact Vernice Meade at [vmeade1@cox.net](mailto:vmeade1@cox.net), (405) 537-4907.** We welcome you to join us!

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### HLA Board Members

Pati Burns, [pati.burns@heartsforhearing.org](mailto:pati.burns@heartsforhearing.org), Member At Large

Ana Covey, [okhearingloss@gmail.com](mailto:okhearingloss@gmail.com), Past Chairperson

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Nancy Landrum, [nanlan@cox.net](mailto:nanlan@cox.net), Member At Large

Rebecca Plunkett, [rebecca.lederman@gmail.com](mailto:rebecca.lederman@gmail.com), Website

Bob Quatro, [quatorora@cox.net](mailto:quatorora@cox.net), Member At Large

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## Change of Address - Mail or Email

Please let us know, so you can continue to receive the newsletter and other publications from the HLAA Central Oklahoma Chapter. See the list of board members above for people to contact.

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### HLAA Local Website, Forum and Facebook page

Visit the website: [www.oklahomahearingloss.org](http://www.oklahomahearingloss.org) to view schedules for our local chapter meetings and special events. Visit [http://groups.yahoo.com/group/OKC\\_HLAA](http://groups.yahoo.com/group/OKC_HLAA) for the OKC-HLAA forum Rebecca Plunkett is our webmaster. We welcome your feedback and comments on our websites. For the **Facebook** page, search in the Facebook search box for HLAA Central Oklahoma Chapter.

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### Hearing Loss Association of America

If you are not yet a member of National HLAA, you are encouraged to join and take advantage of their services. The quarterly Hearing Loss Magazine is full of treasures for anyone with hearing loss or the family and friends of such.

Founded in 1979, the Hearing Loss Association of America (HLAA), is the nation's foremost advocacy organization for people with hearing loss. It opens the world of communication to people with hearing loss through information, education, advocacy and support.

Information can be found at [www.hearingloss.org](http://www.hearingloss.org). The national headquarters WAS located at 7910 Woodmont Avenue, Suite 1200, Bethesda, MD 20814.

**The new address is:** 6116 Executive Blvd, Suite 320, Rockville, MD 20852.

The **Hearing Loss Association of America Central Oklahoma Chapter (HLAA-COC)** newsletter is published monthly by the Central Oklahoma Chapter.

The views and ideas expressed herein are those of the editor and board of the Hearing Loss Association of Central Oklahoma and may not always reflect those of Hearing Loss Association of America. For further information: Write to our chapter address: PO Box 42801, OKC, OK 73123.

**!! THANKS TO OUR SPONSORS !!**

**Our thanks go to these sponsors for supporting the Hearing Loss Association - Central Oklahoma Chapter. Your support of our organization and its programs is greatly treasured.**

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**Mail your support of an annual tax deductible donation to:  
*Hearing Loss Association of Central Oklahoma, Chapter Treasurer, PO Box  
42801, Oklahoma City, OK 73123.***

**Platinum Level: \$500**

**Gold Level: \$250-\$499**

**Silver Level: \$100-\$249**

**Bronze Level: \$50-\$99**





**New Membership or Renewal:** Bring to a chapter meeting or mail to:

Hearing Loss Association of America Central Oklahoma Chapter  
PO Box 42801, Oklahoma City, OK 73123

Please Print Clearly:

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birthday Month \_\_\_\_\_ Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

New to Hearing Loss Association – Central Oklahoma Chapter

Preference for your newsletter delivery:

email  Postal Mail

Are you a member of HLAA – National?  Yes  No

Annual chapter dues: \$15.00 per individual or \$20.00 per family.

Contributions are tax deductible. Amount of donation \$ \_\_\_\_\_

Membership is based on the calendar year: January through December.

**JOIN TODAY!**