

Monthly Newsletter

November 2023 Volume 24, Issue 11

Monthly Chapter Meetings

3rd Thursday of each month 11:30 – 1:00 Will Rogers Gardens 3400 NW 36th St. Oklahoma City, OK

Meetings are held in the large auditorium. Accessibility accommodations include:

- Closed Captions available
- Looped meeting room
- Zoom options available for guests unable to join in person

Upcoming meeting details:

November 16th

Speaker: Rebecca Plunkett, SLP

Topic: Communication Challenges and Tips for Overcoming Challenges

*Each meeting will include a brief update from the HLAA COC Board and Committee Chairs

December 21st

ANNUAL HOLIDAY SOCIAL

Details: HLAA COC will host a donation drive! Stay tuned for details!

Looking for specific topics?

If you have a topic or speaker you would like to recommend, please let us know! Email us at: okhearingloss@gmail.com

Thank you to our lunch sponsors!





Can't join in person? You can join in person or via Zoom.

To join via Zoom, click this link:

MEETING ZOOM LINK

Special Thanks to Elaine Lains!

Elaine Lains has been the newsletter editor for HLAA - Central Oklahoma Chapter for a number of years. We want to give a special THANK YOU and recognition to her dedication to our organization. Elaine has had to step down as our newsletter editor. Thank you, Elaine, for everything you have done for this organization!



Scholarship Applications Open For 2024 High School Graduates

HLAA Central Oklahoma Chapter has opened applications for the 2024 graduation year! \$4,000 worth of scholarship funds to well deserving students with hearing loss wishing to pursue a college degree.

If you agree with us that this is a worthwhile program, please donate to help students get a start in 2024!

Any amount is appreciated! Mail your support of an annual tax-deductible donation to:

HLAA Central Oklahoma, Chapter Treasurer, PO Box 42801, Oklahoma City, OK 73123

CLICK THIS LINK TO BE DIRECTED TOTHE WEBSITE DONATION PAGE

For the past seven years we have helped 17 students with hearing loss in pursuing their goals for the future. We have invested \$17,500 in scholarships!



Mark your calendar for the 2024 People with Disabilities Awareness Day!

This year's People with Disabilities Awareness Day is going to be awesome!

Are you ready?

Mark your calendar for noon to 4p.m. on **March 5, 2024**, at the Oklahoma History Center. Invite everyone you know to join you!



Resources You Can Use

National HLAA organization offers a variety of learning opportunities. In November, the webinar is "Mission Possible", where exploring Disability Workplace Inclusion.



Hearing Loss Association of America

If you are not a member of National HLAA, you are encouraged to join and take advantage of their services. The quarterly Hearing Loss Magazine is full of treasures for anyone with hearing loss or the family and friends of such. Founded in 1979, the Hearing Loss Association of America(HLAA), is the nation's foremost advocacy organization for people with hearing loss. It opens the world of communication to people with hearing loss through information, education, advocacy and support.

The views and ideas expressed herein are those of the editor and board of the Hearing Loss Association of Central Oklahoma and may not always reflect those of Hearing Loss Association of America.

Assistive Technology Tip of the Month

This content is provided by Shelley Gladden, Oklahoma ABLE Tech

Did you know your computer has live captions? For FREE!

Did you know your computer has live captions? Live captions help everyone, including people who are deaf or hard-of-hearing, better understand audio by providing automatic transcription.

Live captions are available in Windows 11 and later and integrates with the Windows desktop, so you can read captions while working in other apps. Captions can be provided for audio even when disconnected from the internet. You can personalize how captions are displayed, and you can include microphone audio to make in-person conversations easier.

To turn on live captions, do one of the following:

- •Turn on the Live Captions toggle in the quick settings Accessibility flyout.
- •Press Windows logo key + Ctrl + L.
- Select Start > All apps > Accessibility > Live captions.
- •Go to Settings > Accessibility > Captions and turn on the Live captions toggle.

When turning Live Captions on the first time, live captions will prompt you to download live captions language files to be used by on-device speech recognition. If your language is not available, you can use another language during setup.

Once you have it installed, you can personalize how captions are displayed by going into the Settings icon. Here you can choose where the captions are displayed, choose your preferences on font size, color, and style.

Not only can you caption what's on the other side of the computer screen, you can also caption your own speech by setting your preferences to include your microphone audio.

Regardless of the platform you are using for captions, the tips below will always be helpful. Ways to get the most out of live captions:

- •Minimize background noise in your environment and speak directly into the microphone
- •Close any unused apps to maximize performance
- •Control profanity by turning on the filter profanity option

*Content Source: Microsoft Support - follow the link for more details!

Editor's Note: We would like to thank and acknowledge our long-time member, Vernice Meade. She is a wonderful example of fulfilling our mission by taking calls from all over Oklahoma from people that need help with a hearing problem. At her request, and with our gratitude, she is allowing us to share her email and phone number.

Contact: meadevernice@gmail.com, 405-537-4907

Thank You to our Sponsors!

PLATINUM

Assist2Hear, Cochlear Americas, John & DeeAnn Dolan, David and Robin Croninger, Hearts for Hearing, Dennis & Joan Kelley, OG&E Energy Corp, VIP Care

GOLD

Richard & Anna Ross

SILVER

Calvin& Linda Bryant, Charles & Carolyn Chastain, Wanda Evans, Sylvia Frank, Mike & Elaine Frizzell, Shelley Gladden, Sharon & Ron Hendricks, Tony& Sharon

Howard, Don & Joyce Keel, Elaine Lains, Nancy Landrum, Betty Jo Large, Terry Mock, Suzanne Parker, Rebecca Plunkett, Marion Thompson

BRONZE

Kent Billingsley, Dr. Pam Matthews, Ben & Sandy Ratzliff, Peggy Scarbrough, St. Anthony's Volunteer Dept., Ralph Wilsack

Mail your upport of an annual tax-deductible donation to:

Hearing Loss Association of Central Oklahoma, Chapter Treasurer, PO Box
42801, Oklahoma City, OK 73123

Board Members of HLAA - Central Oklahoma Chapter



Pictured Above from left to right:

Shelley Gladden, shelley.gladden@okstate.edu, Chair Ana Covey, okhearingloss@gmail.com, Vice Chairperson Judy Hughey, jahughey55@gmail.com, Secretary Ron Hendricks, ron-gmi@swbell.net, Treasurer Rebecca Plunkett, rebecca.lederman@gmail.com, Website Pati Burns, pati.burns@heartsforhearing.org, Member At Large Nancy Landrum, nanlan@cox.net, Member At Large Not pictured: Sharon Hendricks, sharonok@swbell.net, Past Chair

Looking to volunteer? We have the following open positions:

Newsletter Editor - create/develop content and distribute monthly

Meeting set up / break down - help with monthly meeting chairs and tables

Phone Tree - call and remind individuals and welcome new members

Have another skill? Let's talk!

A note from the board:

The Mission of the Oklahoma City Hearing Loss Association is to open the world of communication to people with hearing loss by providing information, education, support and advocacy. With our mission in mind, we want to thank you for continuing to receive and read our Hearing Loss newsletter. We hope to increase awareness and make a real difference for people with hearing loss. Thanks to the support from you, our members and friends, our chapter, over this past year, has been able to continue to offer support to many people living with hearing loss. As we move forward, we need your support more than ever. Please consider including the Hearing Loss Association of America - Central Oklahoma Chapter in your financial plans. Thank you!

Quote of the month:

"For people without disabilities, technology makes things easier. For people with disabilities, technology makes things possible." - Mary Pat Radabaugh, IBM.

New Membership or Renewals

Have you joined our organization or need to renew? We would appreciate your financial support! Any amount is welcome, but the following levels will get your name listed as an official sponsor!

Platinum Level: \$500 Gold Level: \$250-\$499 Silver Level: \$100-\$249 Bronze Level: \$50-\$99

To join or renew your membership, bring the information below to a chapter meeting or mail to:

Hearing Loss Association of America Central Oklahoma Chapter PO Box42801, Oklahoma City, OK 73123

Name:	Date:	
Address:		
City:	_ State:	Zip:
Birthday Month:	_ Phone Num	nber:
E-Mail Address:		
New to Hearing Loss Association – Central OklahomaChapter		
Preference for your newsletter delivery:	Email or	Postal Mail
Are you a member of HLAA – National?	Yes	No
(This is not a requirement, but a valuable resource)		
Annual chapter dues are considered a donation: \$15.00 per individual or \$20.00 per family.		
All contributions are tax deductible.		
Total Amount Being Paid:		

Change of Address - Mail or Email

Please let us know, so you can continue to receive the newsletter and other publications from the HLAA Central Oklahoma Chapter. See the list of board members above for people to contact.

Connect with us!

Visit the website: www.oklahomahearingloss.org to view schedules for our local chapter meetings and special events. We welcome your feedback and comments on our websites. For the Facebook page, search in the Facebook search box for HLAA Central Oklahoma Chapter





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Our mailing address is: Hearing Loss Association - Central Oklahoma Chapter PO Box 42801 Oklahoma City, Oklahoma 73123 USA

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